

Table of Contents

Chapter1 Safety Guidance	1
1.1 Safety Precautions.....	1
Chapter2 Introduction	4
2.1 Overview.....	4
2.2 Features	4
Chapter3 Outlook and Configuration.....	5
3.1 Front Panel.....	6
3.2 Push Button.....	7
3.3 Introduction to Top Panel	8
Chapter4 General Operation	9
4.1 FHR Inspection	9
4.2 Mode Selection	9
4.3 Probe Operation	10
4.4 Inspection of low power.....	11
4.5 Replacing Battery.....	11
Chapter5 Product Specification	12
Chapter6 Maintenance	13
6.1 Maintenance.....	13
6.2 Cleaning	13
6.3 Disinfecting.....	14
Chapter7 Solutions for possible problems	14
Appendix 1.....	15
Appendix 2.....	16
Appendix 3.....	17

Chapter 1 Safety Guidance



This unit is internally powered equipment; the degree of shock protection is type B.







Type B protection means that these patient connections will comply with permitted leakage currents, dielectric strengths of IEC 60601-1.



1.1 Safety Precautions



WARNING and **CAUTION** messages must be observed. To avoid the possibility of injury, observe the following precautions during the operation of the device.



 **WARNING**  This device is not explosion-proof and can not be used in the presence of flammable anaesthetics.



 **WARNING**  : Do not throw batteries in fire as this may cause them to explode.

 **WARNING**  : Do not attempt to recharge normal dry-cell batteries, they may leak, and may cause a fire or even explode.



 **WARNING**  : Don't touch signal input or output connector and the patient simultaneously.



 **WARNING**  : Accessory equipment connected to the analog and digital interfaces must be certified according to the respective IEC standards (e.g. IEC 950 for data processing equipment and IEC60601-1 for medical equipment). Furthermore all configurations shall comply with the valid version of the system standard IEC60601-1-1. Everybody who connects additional equipment to the signal input connector or signal output connector configures a medical system, and is therefore responsible that the system complies with the requirements of the valid version of the system standard IEC 60601-1-1. If in doubt, consult our technical service department or your local distributor.



 **WARNING**  : SonoTrax Pocket Fetal Doppler is a tool to aid the healthcare professional and should not be used in place of normal fetal monitoring.



 **WARNING**  : Replacing battery shall only be done outside the patient environment (1.5m away from the patient).



 **WARNING**  : Please use the SonoTrax probe provided by the manufacturer.



 **WARNING**  : Do not pull the line of probe longer than 2 meters, or else the probe may break away from the connector of the SonoTrax.



 **CAUTION**  : The device must be serviced only by authorized and qualified personnel.



 **CAUTION**  : The device is designed for continuous operation and is 'ordinary'. Do not immerse in any liquid (i.e. not drip or splash- proof).

 **CAUTION**  : Keep the device clean. Avoid vibration.

 **CAUTION**  : Do not use high temperature sterilizing process and E-beam or gamma radiation sterilization.



 **CAUTION**  : Electromagnetic Interference-Ensure that the environment in which the device is operated is not subject to any sources of strong electromagnetic interference, such as radio transmitters, mobile telephones, etc. Keep them far away.



 **CAUTION**  : The user must check that the equipment does not have visible evidence of damage that may affect patient safety or monitoring capability before use. The recommended inspection interval is once per month or less. If damage is evident, replacement is recommended before use.



 **CAUTION**  : The following safety checks should be performed once every two years or as specified in the institution's test and inspection protocol by a qualified person who has adequate training, knowledge, and practical experience to perform these tests.



- * Inspect the equipment for mechanical and functional damage.
- * Inspect the safety relevant labels for legibility.
- * Verify that the device functions properly as described in the instructions for use.
- * Test the patient leakage current according to IEC 60601-1/1988: Limit: 100 uA (B).



The leakage current should never exceed the limit. The data should be recorded in an equipment log. If the device is not functioning properly or fails any of the above tests, the device has to be repaired.

 **CAUTION**  : The battery must be properly disposed according to local regulation after their use.



 **CAUTION**  : The battery must be taken out from the battery compartment if the device will not be used for a long time.



 **CAUTION**  : The device shall only be used if the battery cover is closed.

 **CAUTION**  : Battery must be stored in cool and dry place.

 **CAUTION**  : If use rechargeable battery, to insure capability and life, please fully charge batteries before first use, normally, batteries must be continuously charged over 14 hours or charged according to the guidance displayed on the battery.



 



 **CAUTION**  : Please don't set anode and cathode of the battery wrongly.




 **CAUTION**  : The valid period of this product is five years.



CAUTION : After the service life, please return the products to the manufacture or disposal the products according to local regulations.



 **When cleaning the machine:** 



 **CAUTION**  : Don't use strong solvent, for example, acetone.



 **CAUTION**  : Never use an abrasive such as steel wool or metal polish.



 **CAUTION**  : Do not allow any liquid to enter the product, and do not immerse any parts the device in  any liquids.

 **CAUTION**  : Avoid pouring liquids on the device while cleaning.

 **CAUTION**  : Don't remain any cleaning solution on the surface of the device.



 **CAUTION**  : This device can not be used with defibrillator or high frequency surgical unit.

 **CAUTION**  : Please choose the accessories authorized by our company or the device may be damaged.

 **CAUTION**  : Please keep the probe from edge tool.

CAUTION : Please use Sonotrax under the environment without strong electromagnetic field, which may influence measure result.

When disinfecting the machine:

 **WARNING**  : Never try to sterilize the probe or equipment by low temperature steam or other methods.

 : Refer to accompanying documents.

Chapter 2 Introduction

2.1 Overview

Pocket Fetal Doppler is a hand-held obstetrical unit, which can be used in hospital, clinic and home for daily self-check by pregnant woman.

It contains components of ultrasonic signal transmitter and receiver, analog signals processing unit, FHR calculating unit, LCD display control unit etc.

There are two different models available: Sonotrax A and Sonotrax B.

Sonotrax A model is for simple auscultation .

Sonotrax B model is a high performance model with (fetal heart rate) LCD digital display. It has 3 work modes: real-time FHR display mode, averaged FHR display mode, and manual mode .

Both of the two models have audio output, and can be connected with earphone or recorder with audio input. They use standard 1.5 V DC alkaline battery (2 pieces). Rechargeable battery and charger can be optionally configured.

2.2 Features

- * Battery LED indicator (Sonotrax A only)
- * Battery status indicator (Sonotrax B only)
- * low power inspection of the battery
- * Built-in speaker
- * Output for headphones
- * The probe can be changeable
- * Probe inspection
- * Backlight (Sonotrax B only)
- * Auto shut off(Sonotrax B only)
- * Two pieces of standard 1.5V alkaline battery available which can work not less than 10 hours.(Optional configuration: Rechargeable 1.5V battery and charger)

Chapter 3 Outlook and Configuration



Fig.3-1 Front Panel(SONOTRAX B as example)

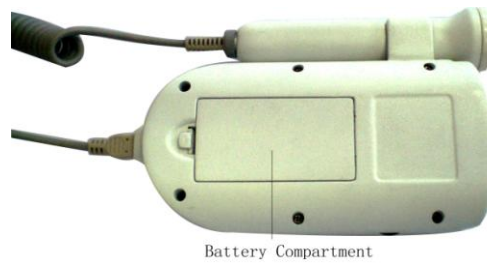


Fig.3-2 Rear Panel



Fig.3-3 Top Panel

Table 1: Model and Configuration

Configuration	Model	Sonotrax A	Sonotrax B
1. LCD Panel			*
2. Headphone Socket		*	*
3. Volume Control		*	*
4. Loudspeaker		*	*
5. Power Button		*	*
6. MODE Button			*
7.Backlight Control Button			*
8. Probe		*	*
9. Battery Compartment		*	*
10. Probe Socket		*	*

* Indicated the model has the configuration.

3.1 Front Panel

3.1.1 Display

Sonotrax A model: Indicator light will be green when turn on the machine. When the power of the battery is low, the LED indicator light of the battery will flicker in green color. When the probe falls away from the Sonotrax A, the power indicator light turns into yellow and flicker.

While self-testing, the LCD display for Sonotrax B is as follows:

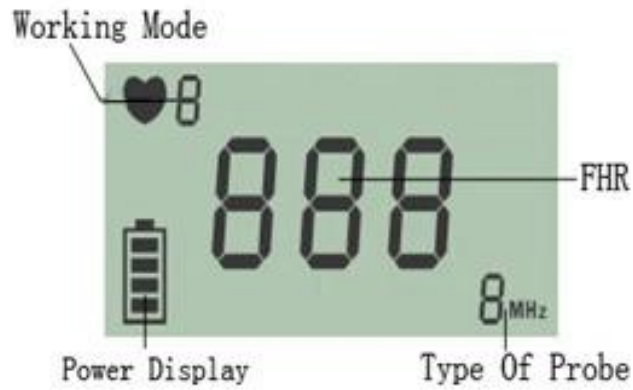


Fig.3-4 LCD display

3.1.2 Probe Socket

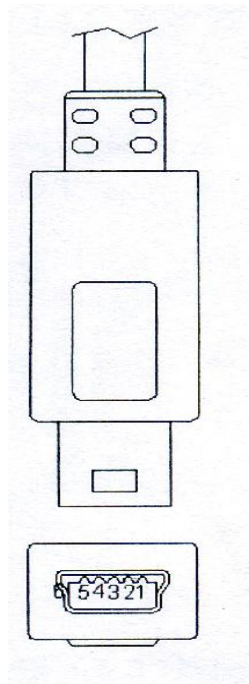


Fig.3-5 Probe Socket

The probe socket is shown as Fig.3-5 above. The definition of the jacks of the socket is as below:

Pin	Definition
1	Power Supply
2	Signal
3	Probe Coding 1
4	Probe Coding 2
5	Probe Coding 3
6	(Shell) GND

Warning: Do not attempt to connect the probes with the machine which are not manufactured by our company.

3.2 Push Button

There are three push buttons (POWER, MODE, and BACKLIGHT CONTROL) and a Volume control button on Pocket Fetal Doppler. The primary functions are as follows:

3.2.1 Power Button



Function: Power on/off

Power on: Push the button once

Power off: Push down the button until the machine is off (Sonotrax A).

Push down the button and hold 3 seconds to power off(Sonotrax B)

3.2.2 Mode Button (Sonotrax B only)

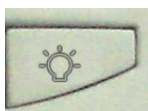


Mode selection button.

Function: mode selection, press once to enter next working mode under working status.

For the Fetal Doppler has memory function, when turning on the machine, it will enter the mode selected before last power off automatically after self testing.

3.2.3 Backlight Control Button (Sonotrax B Only)



Function: **Error! Reference source not found.** Under mode 1 and mode 2, press the button to turn on /off backlight.

Error! Reference source not found. Under mode 3, the button is for start/stop operation, please refer to 4.2.3 manual mode (Mode 3)

3.2.4 Volume Control Indicator



Volume adjusting direction indicator.

From left to right means that the sound level is from high to low.

3.3 Introduction to Top Panel

Headphone Socket: a socket for audio output, and can be connected with earphone or recorder with audio input to record.



: The socket, terminal post, or switch that connected with the headphones.



: Attention. Refer to the accompanying documents.

Accessory equipment connected to the analog and digital interfaces must be certified according to the respective IEC standards (e.g. IEC 950 for data processing equipment and IEC 60601-1 for medical equipment). Furthermore all configurations shall comply with the valid version of the system standard IEC60601-1-1. Everybody who connects additional equipment to the signal input connector or signal output connector configures a medical system, and is therefore responsible that the system complies with the requirements of the valid version of the system standard IEC60601-1-1. If in doubt, consult our technical service department or your local distributor.

3.3.1 Signal Interface

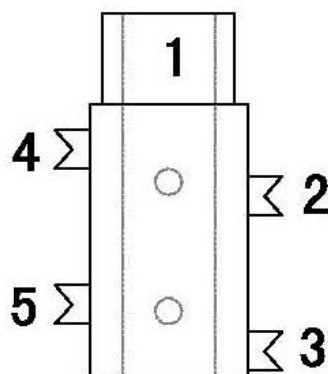


Fig.3.6 Headphone socket for audio output

Headphone socket showed as figure 3.6, the definition of pins showed as below:

Pin	Definition
1	GND
2	Signal
3	Signal
4	Signal

Chapter 4 General Operation

4.1 FHR Inspection

Error! Reference source not found. Power on by pressing the Power button.

For Sonotrax A, indicator light will be on in green color.

For Sonotrax B, it will do self-test when turning on the machine. After self-testing, the LCD display is as Fig.3-4.

Error! Reference source not found. Find the position of fetus.

At first, please feel the position of the fetus by hand .Find out the best direction for inspecting the fetal heart. Apply a liberal amount of gel to the faceplate of probe; place the faceplate of probe at the best position for detecting fetal heart. Adjust the probe to obtain an optimum audio signal ideally by angling the probe around. Adjust the volume according to requirements.

Error! Reference source not found. FHR Calculation:

For Sonotrax A, the method is to count the Fetal heart beat times in one minute to get the FHR.

For Sonotrax B, the FHR result will be showed on LCD screen.

Error! Reference source not found. Turn off the machine

For Sonotrax A, press power button to turn off the machine directly

For Sonotrax B, keep pressing the power button 3 seconds to turn off.

CAUTION :

- ①Put the probe on the best detecting position to get better detecting effect.
- ②Don't put the probe on the position where have strong Placental Blood Sound(PBS) or strong Umbilical Sound(UMS).
- ③If pregnant woman adopts horizontal position and the fetus position is normal, put the probe on the position of lower navel midline to get the clearest FHR sound.
- ④Do not measure FHR unless audible fetal sound has been heard.

4.2 Mode Selection

4.2.1 Real-time FHR Display Mode (Mode 1)

This mode is only for Sonotrax B.

At the moment of detecting FHR signal, the LCD will display the flashing heart symbol, and display real-time FHR simultaneously.

4.2.2 Averaged FHR Display Mode (Mode 2)

This mode is only for Sonotrax B.

It is used to obtain more stable heart rate readings. In this mode, FHR is averaged 8 beats. The LCD displays the flashing heart symbol when displaying FHR.

4.2.3 Manual Mode (Mode 3)

This mode is only for Sonotrax B.

Press Backlight Control button once and immediately count the audible beats, FHR will be showed in “— — —” Format, and the LCD displays the flashing heart symbol. Press the Backlight Control button again to stop calculating immediately. The unit will automatically calculate the derived FHR averaged over the calculating time and display the result. This rate value is retained until the measurement is repeated or the mode is changed.

4.3 Probe Operation

4.3.1 Inspecting Probe

When the probe falls away from the Sonotrax, for Sonotrax A, the power indicator light turns into yellow and flicker. For Sonotrax B, the LCD screen displays the flickering “— — —” and the probe frequency indication data disappeared. At this moment the probe needs to be reconnected. After connected well, LCD screen will stop flickering and display the probe frequency data.

4.3.2 Replacing Probe

There has been a probe connected to Sonotrax while packaged by the manufacturer. If users need to replace it with another probe, power off the Sonotrax at first, then take out the probe from the parking of Sonotrax. And then pull out the plug of the probe from its socket. Then connect the plug of the probe which needs to be displaced with the socket.

Note: Place the temporarily unused probe carefully and avoid falling off, stress, etc. When the Sonotrax is not used for a long time, users are recommended to connect the plug of one probe to Sonotrax socket and put the probe in the parking. Then pack the Sonotrax with the probe in the wrapping box.

4.3.3 Taking out Probe and Placing Probe

Error! Reference source not found. Taking out the probe

Hold the main unit with one hand, and hold the handle of the probe with another hand to take out the probe. (See Fig.4-1).



Fig.4-1 Taking out Probe

Error! Reference source not found. Placing Probe

It is opposite to take out probe. Hold the main unit with one hand, and hold the top of the probe with another hand, then push the probe into the probe holder.

4.4 Inspection of low power

For Sonotrax A, when it works normally, the LED indicator light of the battery is green; but when the power of the battery is low to the degree that it can not support the Sonotrax A to work normally, the LED indicator light of the battery will flicker in green to remind the customer to change another new battery or charge the battery (only the chargeable battery can be charged.)

For Sonotrax B, when it works normally, the LCD screen displays the status of the battery, and the number of the grid in the status represents how much power is left; when the power of the battery is low, the power of the battery displays grid 0 to remind the customer to change another new battery or charge the battery (only the chargeable battery can be charged.).

4.5 Replacing Battery

4.5.1 Taking out Battery

The rear panel is upturned. First open the battery compartment, then take out the battery from the battery compartment (see Figure 4-2).



Fig.4-2 Replacing Battery


⚠ 5.2 Replacing Battery ⚠

First, have two AA size batteries, then put it into the battery compartment (as for the direction of battery, please refer to the instruction inside the battery compartment), at last close the battery compartment.

CAUTION : The battery must be taken out from the battery compartment if the

device will not be used for a long time.

Chapter 5 Product Specification

Product Name: SonoTrax Pocket Fetal Doppler 

Model No.: Sonotrax A and Sonotrax B

Safety: Complies with: IEC 60601-1:1988 + A1:1991 + A2:1995

Classification:

Anti-electroshock Type: Internally powered equipment.

Anti-electroshock Degree: Type B equipment

Harmful Liquid Proof Degree: Ordinary equipment (sealed equipment without liquid proof)

Degree of Safety in Presence of Flammable Gases: Equipment not suitable for use in presence of flammable gases

Working System: Continuous running equipment

EMC: Group I Class B

Suitable Using Range: Suitable for use after the 12th week of pregnancy

Physical Characteristic

Size: 135mm (Length) × 95mm (Width) × 35 (Height) mm

Weight: About 180g (including batteries)

Environment

Working:

Temperature: +5°C ~ +40°C

Humidity: ≤ 80%

Atmospheric Pressure: 70 kPa ~ 106 kPa

Transport and Storage:

Temperature: -10°C ~ +55°C

Humidity: ≤ 93%

Atmospheric Pressure: 50 kPa ~ 106 kPa

Display: 45mm × 25mm LCD display

Backlight: The two statuses can be alternated: turn off/on the backlight.

FHR Performance (Sonotrax B model Only)

FHR Measuring Range: 50~210BPM (BPM: beat per minute)

Resolution: 1BPM

Accuracy: ±3BPM

Power consumption: < 0.8W

Auto Shut-OFF: After 1 minute no signal, power off automatically (Sonotrax B only).

Battery Type Recommended: Two pieces of 1.5 V DC battery (SIZE AA LR6).

Probe:

Nominal Frequency: 2.0MHz

Working Frequency: 2.0MHz ± 10%

P-: < 1MPa

$I_{ob} < 20 \text{ mW/cm}^2$

$I_{spta} < 100 \text{ mW/cm}^2$

Ultrasonic Output Intensity: $I_{sata} < 10 \text{ mW/cm}^2$

Working Mode: Continuous wave Doppler

Effective Radiating Area of Transducer: $208 \text{ mm}^2 \pm 15\%$

Chapter 6 Maintenance

6.1 Maintenance

The probe acoustic surface is frangible and must be handled with care.

Gel must be wiped from the probe after use. These precautions will prolong the life of the unit.

The user must check that the equipment does not have visible evidence of damage that may affect patient safety or Pocket Fetal Doppler capability before use. The recommended inspection interval is once per month or less. If damage is evident, replacement is recommended before use.

The equipment should undergo periodic safety testing to insure proper patient isolation from leakage currents. This should include leakage current measurement. The recommended testing interval is once every two years or as specified in the institution's test and inspection protocol.


The accuracy of FHR is controlled by the equipment and can not be adjusted by user. If the FHR result is distrustful, please use other method such as stethoscope to verify immediately or contact local distributor or manufacture to get help.


6.2 Cleaning


Before cleaning, switch off and take out the batteries.

Keep the outside surface of the device clean and free of dust and dirt, clean exterior surface (display screen included) of the chassis with a dry, soft cloth. If necessary, clean the chassis with a soft cloth soaked in a solution of soap, or water and wipe dry with a clean cloth immediately.

Wipe the probe with soft cloth to remove any remaining ultrasound coupling gel. Clean with soap and water or isopropyl alcohol.

 **CAUTION** : Don't use strong solvent, for example, acetone.

 **CAUTION** : Never use an abrasive such as steel wool or metal polish.

 **CAUTION** : Do not allow any liquid to enter the product, and do not immerse any parts of the device into any liquids.

CAUTION : Avoid pouring liquids on the device while cleaning.

CAUTION : Don't remain any cleaning solution on the surface of the device.



Notes:

Wipe the surface of probe with 70% ethanol or isopropanol alcohol, self-air dry, or clean with a clean, dry cloth.

6.3 Disinfecting

Clean the equipment case, probe, etc. as above, and then wipe the probe with an alcohol impregnated wipe (70% ethanol or isopropanol alcohol).

Wipe the probe with a clean, dry cloth to remove any remaining moisture.

 **WARNING**  : Never try to sterilize the probe or equipment by low temperature steam or other method.

Chapter7 Solutions for possible problems

If it appears below problems when you use the Sonotrax, please solve them as below:

Problems	Possible reasons	Solutions
No sound	<input type="checkbox"/> *volume is too low <input type="checkbox"/> *power is low	*adjust the volume louder *change the battery
Weak sound	*volume is too low <input type="checkbox"/> *power is low <input type="checkbox"/> *did not daub the gel	*adjust the volume louder *change the battery *daub the gel
Noise	<input type="checkbox"/> *probe is too near from the main unit <input type="checkbox"/> *disturbance from the outside signal *power is low	*make the distance between the probe and the main unit a little further *keep far away from the outside signal *change the battery
Low sensitivity	*position of the probe is not correct *did not daub the gel	*adjust the position of the probe *daub the gel

Appendix 1 Essentiality of Fetal Domestic Monitor

Modern medicine think that:

FHR is an important gist to identify fetal health, by recording FHR changes can observe fetal hypoxia, fetal distress and the umbilical cord around the neck, and other symptoms. Fetal domestic monitor test FHR rate changes by listening to fetal heart sound mainly; Fetal domestic monitor is a powerful guarantee to improve generational safty.

Fetal heart rate changes most obviously in the following three periods:

- 1) within 30 minutes after pregnant women get up
- 2) within 60 minutes after pregnant women finish lunch
- 3) within 30 minutes before pregnant women go to bed

For the above three periods, because of the change of the body status of pregnant women, the activity of food digesting needs the body to provide more oxygen, relatively, the oxygen for fetus become less. It is easy to arose symptoms such as fetus anoxia. Testing the FHR at this time can display the healthy status for the fetus best.

The above three periods can only be tested at home by pregnant women themselves, so FHR domestic monitor is very important.

This Sonotrax can hear the fetal heart sound for fetus above twelve weeks, and calculate the FHR with heart fetal heart sound(for Sonotrax A model) or check the LCD display(for Sonotrax B mode). You can listen to the fetal heart sound for 1-2 minutes every time. Pregnant women can take down the record data which can be a reference for doctors to insure the health of the fetus.